



VERMONT ZEN CENTER SECOND QUARTER 2024

SITTINGS: Monday through Friday 6–7 am | Tuesday & Thursday 6:30–8:00 pm | Sunday 9–10:30 am

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 FINDING YOUR SEAT	2 Temple Night	3 Metta 4	4 Temple Night	5	6 Jukai Workday
7 JUKAI 	8 ZC Closed	9 Chanting	10 Metta 5	11 Sitting & Set up	12	13 WORKSHOP
14 Sesshin Set up	15	16 Sitting & Sesshin Set up	17 Metta 6	18	19 Sitting & Sesshin Set up	20
21	22	23	24	25	26	27
Vermont 7-Day Sesshin						
28 ZC Closed	29	30				

MAY

			1	2 Chanting	3	4 Ceremony Workday
5 ROSHI KAPLEAU MEMORIAL EXTENDED SITTING	6 FINDING YOUR SEAT ZC Closed	7 Roshi in CR Chanting	8	9	10	11 Haiku Course
12 CR Jukai Taped Teisho	13	14 Famine Relief Ceremony	15	16	17	18 Indian Cooking Course Lunch
19 Taped Teisho CR Sesshin	20	21	22	23 Chanting	24 Vesak Workday	25 Vesak Workday
26 VESAK 	27 ZC Closed	28 Chanting	29	30 Sitting & Set up	31	

JUNE

						1 WORKSHOP
2 Set up for Garden Weekend	3 FINDING YOUR SEAT	4 Sitting & Set up	5	6	7	8
9 GARDEN	10 ZC Closed	11 Chanting	12	13	14	15 Flower Course
16 Teisho	17	18	19	20 Chanting	21	22
23 Teisho	24	25 Chanting	26	27	28	29
30 ZC Closed						